



The Gryphon's Roar

November, 2009



St. Mark's Episcopal Church
3100 Murfreesboro Pike
Antioch, Tennessee 37013
P.O. Box 741
Antioch, Tennessee 37011-0741
615-361-4100

**“We at St. Mark's are on a journey seeking God in you,
ourselves, and all creation”**



Weekly Schedule

Sundays	8:00 AM	Holy Eucharist
	9:15 AM	Sunday school
	10:30 AM	Holy Eucharist
2 nd Sunday	9:00 AM	Breakfast – Sept. – May
Fridays	8:00 PM	AA Meeting
Saturdays	8:00 AM	Centering Prayer



The Rt. Rev. John Bauerschmidt	Bishop of Tennessee
The Reverend Battle Beasley	Rector
Frank Brannon, M. Div.	Pastoral Care Coordinator
George Kurz	Senior Warden
Gilbert Russ	Junior Warden
Charles Cross & Les Worsley	Treasurers
Leigh Pittenger	Clerk of the Vestry

Next month deadline for submissions is Sunday, November 22, 2009

Gryphon submissions to: submitgryphon@aol.com

St. Mark's Vestry:

Greg Noren, Cyndy Fahnestock, Kate Granger	(2011)
Jim Hall, Suzanne Lindsey, Judy Robnett	(2010)
Suzie Abrahamson, George Kurz, Gilbert Russ	(2009)



Father Battle's sermons are now available on the St. Mark's web site.

Dear People of God,

Several people have expressed concern about taking Communion during this time of a greater flu threat. Of particular concern is the method of taking communion by Intinction, which is by dipping the bread into the cup rather than drinking from the cup. First let us be clear, "the Body and Blood of Christ are one in Christ", that is to say receiving in one element is equal to receiving both. Some have pointed out that pieces of bread that I give vary in size but on the whole tend to be small and that it is hard if not impossible to dip the piece of bread in without putting your fingers in the wine. The simple answer is if the bread is a small piece, do not try to receive the wine by Intinction, "the body and blood of Christ are one in Christ". I would really like to hear from those of you who receive this way as to how comfortable you are with not receiving wine. The vestry and I are thinking of other precautions to help us all to prevent the sharing of any germs that might lead to illness. Please share your concerns and productive ideas with us.

God's peace,
Battle +



Contact us:

St. Mark's Website – <http://www.stmarksantioch.org>
The Reverend Battle Beasley via email:
stmarksrector@bellsouth.net or
pathwayspartners@yahoo.com

The Gryphon is the newsletter of St. Mark's Episcopal Church and as such welcomes articles and suggestions from ALL parishioners. This is your venue for expressing thoughts you would like to share, important events in your families' lives, suggestions you might have to make our parish life better. Please do not hesitate to use it.

Lorna

International Fall Fest Thank you

Thank you to everyone who made International Fall Fest such a success! Thanks to the volunteers who worked all day in the cold with the White Elephant, Garden Booth, and Kids Corner. Thanks also to those volunteers who worked hard over a hot grill and in a steamy kitchen to provide such great food. Thank you to everyone who baked goodies for the Bake Table, cooked delicious meals for the International Buffet, and went through their attics and garages to provide items for the White Elephant, and those who secured donations or handmade items for the Silent Auction. Thanks to those who gave of their time with the set up and take down, especially in such damp weather. And thanks for the musicians who provided such wonderful entertainment despite the cold.

All of your work added up to a successful Fall Fest, raising approximately \$1,500. Most importantly a great time of fun and fellowship was had by all!

A special thank you to Kate Granger for organizing the International Fall Fest. She worked for weeks getting everything and everyone organized, devoting all of her time and energy to St. Mark's. She worked setting up the Fest literally up to her knees in mud, and she spent the night in a very wet and cold tent to make sure all our items were safe. After all this hard work, she spent the day in the chilly damp working in the Kids Corner, and always had a smile on her face. What a great example of the spirit! Thanks Kate!

Time & Talent Thank You

Thank you to everyone who completed our Time and Talent/Rule of Life Survey. Please watch the Lay Ministers' schedule published in *The Gryhon's Roar* for the scheduling of Chalice Bearers, Acolytes, Readers, Ushers, Oblation Bearers, Coffee Hosts, Nursery Workers, and Greeters. If you cannot serve when scheduled, please swap with someone else on the schedule and let Les Worsley (361-6005) or the Rector (361-4100) know the name of the person with whom you swapped. If you are unable to find someone with whom to swap, please let Les or the Rector know and they will draft someone on Sunday morning.

It is requested that Chalice Bearers and Acolytes be vested and in the Rector's office at least 10 minutes prior to the start of the service. Readers should arrive in time to review the lessons they are scheduled to read that day – about 10 to 15 minutes prior to the start of the service. Ushers and Nursery Workers should arrive at least 20 minutes prior to the start of the service.

As the need arises in the life of our congregation for other ministries, someone will contact you or announcements will be made in church about volunteering for the items in which you indicated an interest.

Thank you for all you do for St. Mark's.

Pat Worsley

Calendar

- Nov 1 - Stewardship Campaign completed
- Nov 8 – 2nd Sunday Breakfast hosted by the Daughters of the King
- Nov 8 – 2nd Sunday for Second Harvest
- Nov 13 - (Friday) Room at the Inn – need volunteers for Inn Keepers & food
- Nov 19 – Vestry Meeting
- Nov 22 - Bishop Bauerschmidt Annual Visit
- Nov 26 – Thanksgiving
- Nov 29 – Begin Advent
- Dec 6 – Annual Parish Meeting and Vestry Election
- Dec 11 – Friday – Room in the Inn – need volunteers for Inn Keepers and Food



CELEBRATE



November Birthdays

Pam Carr-Brannon	3
Amy Harwell	5
Arwen Wagers	5
Marty O'Reilly	10
Bob ClenDening	15
Kate Granger	16
Sherry Walker	17
Mike Rice	21
Judy Vandiver	21
Dawn Russ	25
Lillian Russ	25
Les Worsley	26
Don McEwen	28

November Anniversaries

Hugh & Tammie Spears	15, 2008
David & Mary Gentili	18, 2005
Sandy & David Winters	27, 1976
George & Iva Kurz	28, 1984
Dan Ashmead & Candy Burger	30, 1985

NOTES FROM GOD'S PALS

What we have been doing as reported by...

Colin: We had a lesson on Passover.

Kayla: We do a lot of Bible verses.

Vivi: We are making prayer journals.

Bliss: My favorite thing is the prayer net.

Keylee: We talk about God.

Connor: We talk about the Lord and about church.

Maryn: We have fun plus we have too many activities to name.

Jesse: We play games. We eat. We talk about Jesus and color.

A SPECIAL FAREWELL FROM OUR GRADUATE.....Kayla

I will miss my old Sunday school class but, I'm having some fun learning stuff in Mr. Robert's class. Like how to help people in need and not expecting anything in return. That is called ministry. We also research ways to help places like... HABITAT FOR HUMANITY, ST.LUKE'S HOUSE AND THE SECOND HARVEST. We are also thinking of ways to earn money for food, and fans for people who can't pay for electricity, etc. In Ms.Kathy's and Ms.Sherry's class we play games to learn about stuff like The Bible. They also let us watch movies every four weeks if we behave but they're all related to church, mainly about Jesus' life like his birth, death, resurrection and after his resurrection. When the bell rings for church to begin we stop what we're doing and pass ribbons around, some for Ecuador and some for here; you can take as many ribbons as you want to, but you have to use all of them for prayers only. Ms.Kathy's and Ms.Sherry's class was really fun.

A WORD FROM MS. KATHY AND MS. SHERRY

This is the first of what we hope will become a quarterly newsletter providing updates on what we have been doing and our plans for upcoming weeks. This calendar year we initiated a process of rewarding individual class members for choosing peace over conflict. Whenever a class member chooses to let someone else go first, have the last gel pen, sit in the most comfortable chair, or ignores a rude remark, the person choosing peace earns a point. When ten points are earned, the reward is choosing an item from the Peace Treasure Box. So far this has been a success with various class members bringing items to donate to the Peace Treasure Box. After all, one child's junk is another child's treasure.

Our class begins at 9:15 with a light snack. This allows us time to settle in and talk about events of the past week. We typically proceed with either a lesson or activity related to last week's lesson. The goal is to review previous lessons and use that material to introduce the current week's message. Sometimes we spend the beginning of class working on our prayer journals. Break time for going to the bathroom is about 10:00. After the bathroom break we settle in for another lesson and/or activity. Everyone knows when the bell rings at 10:30 it is QUIET PRAYER TIME; we hang ribbons on our prayer net praying for people in our lives and hanging special Ribbons for Ecuador. After everyone has tied many ribbons and said many prayers, we have another lesson and another activity that last until 11:00 when we join the 10:30 service in progress.

As much as possible we incorporate aspects of the church calendar, current topics in the lives of the children, and nationally recognized secular days into the activities. For example, during each Sunday of Lent we had a flower pot in which the children placed various objects including seeds to symbolize the idea that love grows and people grow into their potential with nurturing love. Then on Earth Day the children planted seeds which grew into flowers that were given out on Mother's Day and planted in the children's garden (which by the way-we now have a melon growing). A theme throughout has been that God wants us to love everyone even the people we don't like and if we are having trouble with this task...ask God for help. As one of the children reminded us all one Sunday "God is big enough for everybody."

THANK YOU

St. Luke's Community house has sent St. Mark's a thank you letter for the generous donation of \$312.50. St. Luke's helps low income working families, seniors, and other people in West Nashville in efforts to maintain stability in their lives. These people may need food, may be having financial problems, or may be unable to find work but have children to care for. St. Luke's provides a safe environment for them. The letter will be posted on the bulletin board in Reynold's hall for you to read at your convenience.

St. Mary's Sewanee

St. Mary's Sewanee, a Center for Spiritual Development resting on Tennessee's Cumberland Plateau, offers a place of natural beauty and quiet for retreat, renewal and spiritual formation. Grounded in the tradition and experience of the Episcopal Church, our mission of spiritual hospitality extends to persons of diverse religious and spiritual backgrounds.

Church groups and not-for-profit organizations gather at St. Mary's Sewanee to reflect, plan, and deepen vital connections. Individuals, couples and small groups participate in our programs and learn from gifted national, regional and local presenters. Guests also come to the mountain to make personal retreats in this space set apart from the noise and rush of daily life.

St. Mary's Sewanee is a place of peace where each of our guests can encounter beauty and simplicity, silence and tranquility, warm welcome and spiritual friendship.

Centering Prayer as an 11th Step Practice

*Tongued with Fire:
The Poet's Voice and Our Faith Journey*

Presenter: The Right Rev. Henry Parsley,
Bishop of Alabama

Dates: November 13-15, 2009
(Friday 6 p.m. until Sunday 11:00 a.m.)

Additional details and registration forms are available on our website:
[Registration Form St. Mary's Sewanee](#)



Did you Know? – Submitted by Pauline Hall

(Continued) more definitions of terms used in the Episcopal Church

Intinction (in, TINCT, shun)

Method of receiving the Eucharistic bread and wine by dipping the bread into the chalice to moisten it with wine.

Cursillo (Kur, SEE, oh)

Spiritual renewal movement that reached the Episcopal Church by way of Roman Catholicism in the 1950's and 1960's as part of a postwar effort to teach the laity how to witness to Christ in daily life. The term comes from *cursillos de Cristiandad*, Spanish for "a short course in Christian living." Participants attend one Cursillo weekend and then participate in continuing support groups on an ongoing basis.

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Week of Disasters in Asia-Pacific Region

With multiple natural disasters striking the Asia-Pacific region this week, Episcopal Relief & Development is responding through its program partners in the Philippines, Samoa and Indonesia.

On September 26, Typhoon Ketsana pounded the Philippines, including the Metro Manila region, with a month's worth of rain in just six hours. The resulting floods have killed an estimated 240 people and destroyed more than 2,000 homes.

Episcopal Relief & Development will support the Iglesia Filipina Independiente (IFI, or Philippine Independent Church), which is in full communion with the Episcopal Church US. According to the Office of the Obispo Maximo (head bishop), many IFI churches, particularly in the Dioceses of Rizal and Pampanga, have become evacuation sites. Numerous churches have also had members impacted.

"The IFI is planning to focus on several thousand families in the hardest-hit areas near its churches," said Julie Petrie, Program Officer for Asia at Episcopal Relief & Development. "Priests and lay volunteers will use churches as bases to distribute essential food and water, along with medicine, blankets and clothing as possible, to low-income communities in Metro Manila."

Target cities for the distributions include Pasig, Taguig, Mandaluyong, Malabo, and Marikina, where at least five church members lost their lives.

The Episcopal Church of the Philippines (ECP) is Episcopal Relief & Development's primary program partner. With local diocesan support, ECP is partnering with Trinity University and St. Luke's Medical Center to respond with medical care and other critical supplies. Churches in areas such as Quezon City, which has not received much relief, are providing food and cleaning materials to affected members and the local community.

On Tuesday, an earthquake-triggered tsunami killed at least 119 people in Samoa. "We are working with the Anglican Board of Mission-Australia to support several ecumenical church agencies in responding to immediate relief needs, including food, clothing and medical supplies," said Nagulan Nesiah, Episcopal Relief & Development Program Officer for Asia.

In Indonesia, the death toll is 770 and rising from a 7.9-magnitude earthquake and two smaller quakes that struck Wednesday and Thursday. Church World Service (CWS) and Action by Churches Together (ACT) are responding to the earthquakes. The two organizations also have partnerships in Cambodia and Vietnam, which have been affected by Typhoon Ketsana.

"In addition to supporting the efforts in the Philippines, Indonesia and Samoa, Episcopal Relief & Development is maintaining contact with our program partners responding to the multiple disasters and evaluating possibilities for further assistance," said Nesiah.

To support Episcopal Relief & Development's disaster relief efforts, please donate online to the Disaster Response Fund at <https://www.er-d.org/donate-select.php>, or call 1-800-334-7626, ext. 5129. Gifts can be mailed to Episcopal Relief & Development, PO Box 7058, Merrifield, VA 22116-7058.

Episcopal Relief & Development is the international relief and development agency of the Episcopal Church of the United States. As an independent 501(c) (3) organization, Episcopal Relief & Development takes its mandate from Jesus' words found in Matthew 25. Its programs work towards achieving the Millennium Development Goals. Together with the worldwide Church and ecumenical partners, Episcopal Relief & Development strengthens communities today to meet tomorrow's challenges. We rebuild after disasters and empower people by offering lasting solutions that fight poverty, hunger and disease, including HIV/AIDS and malaria.

November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 All Saints' Day End Stewardship campaign AA Meeting 5:00 PM	2	3	4 Brain Club 11:00 – 2:00 Choir 7:00 PM	5	6 AA Meeting 8:00 PM	7
8 PENTECOST XXIII 2 nd Sunday B'fast 2 nd Harvest Collection AA Meeting 5:00 PM	9	10	11 Choir 7:00 PM	12	13 AA Meeting 8:00 PM	14
15 PENTECOST XXIV Healing Service AA Meeting 5:00 PM	16	17	18 Brain Club 11:00 – 2:00 Choir 7:00 PM	19 Vestry Meeting 6:30 PM	20 AA Meeting 8:00 PM	21
22 LAST PENTECOST AA Meeting 5:00 PM	23	24	25 No Choir	26 THANKSGIVING	27 AA Meeting 8:00 PM	28 Abrahamson/Dobbs Wedding 12:00 noon
29 ADVENT I AA Meeting 5:00 PM	30					

2009



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Address Correction Requested